



Specializing in
Live Dancing &
Couples Flow Dancing
To All Types of Music

COUNTRY PLUS

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- Weekly Classes
- Weekly Dances
- Beginner Lessons
- Intermediate Lessons
- Partner Lessons
- D.J. Service

The Morning After

Choreographed by Gary O'Reilly & Maggie Gallagher

Description 16 count, 4 wall, beginner line dance

Music The Morning After by Nathan Carter

Intro 32

RIGHT HEEL STRUT, LEFT HEEL STRUT, FORWARD ROCK, BACK, LEFT TOE STRUT, RIGHT TOE STRUT, LEFT COASTER STEP

- 1&2& Right heel forward, drop right toes, left heel forward, drop left toes
3&4 Rock right forward, recover to left, step right back
5&6& Left toe back, lower left heel, right toe back, lower right heel
7&8 Step left back, step right together, step left forward

RIGHT JAZZ BOX $\frac{1}{4}$ RIGHT, TWIST HEELS TOES HEELS CLAP, TWIST HEELS TOES HEELS CLAP

- 1-2 Cross right over, step left back
3-4 Turn $\frac{1}{4}$ right and step right to right side, step left together (3:00)
5&6& Twist both heels left, twist both toes left, twist both heels left, clap
7&8& Twist both heels right, twist both toes right, twist both heels right, clap

REPEAT

• ENDING •

After wall 13, finish with air guitar